



Handicraft Routes

A Mariña Lucense

 **Mariña**
lucense
Mancomunidade de Concellos

Handicraft in A Mariña Lucense

The know-how of our ancestors is reflected in the traditional trades which are still alive in our territory nowadays. This precious cultural feature, together with the value of the unique products, made and decorated by hand, make handicrafts a great way to go deep into the local culture and take home a little piece of it.

The artisanship, completely connected with A Mariña Lucense history and nature, define a great setting in the territory with almost 40 different arts and crafts. Values as contemporary as recycling, or the reuse of materials, or the importance of consuming local products, have come to us together with traditional trades such as pottery, carpentry, stonework, net-maker, jewellery, screen printing, fashion or restoration.





What are the Handicraft Routes?

They are a series of itineraries whose main protagonists are A Mariña Lucense's artisans; through these routes the visitors will learn about artisans' trades, their workshops, and their daily work: the designs, the raw materials, production or commercialization. In the Handicraft Routes we also recommend you to enjoy the natural, cultural and gastronomical resources in the nearby area, in order to complement your visit and discover the most important points in the area.

We suggest you a slow tourism experience, a travel philosophy that avoid hurries and promotes the easygoing pace discovering a destination, and especially learning about the local culture.

A Mariña Lucense has many and unique tourist resources. With this initiative we show you the main interest points and inform you about the approximate time required for visits so that you can correctly organize the chosen tour. There are multiple possibilities in a place like A Mariña Lucense.

If you want to know every option, visit our website www.amarinalucense.gal or let us recommend you.



Regal Cerámica Route

The Complejo Regal Xunqueira houses the Otero Regal ceramics workshop, Crafts National Award 2011, where the artisan produces a wide variety of ceramic objects using local *materials* (feldspar from Silán, quartz from O Barqueiro, kaolin from Barreiros and Fontao kaolin from Foz), with his distinctive style. The complex also has a ceramics museum, a leather museum and several exhibition halls. There is an itinerary with signs for free tours and also guided tours in groups.

In Regal Xunqueira you can take an introductory course to ceramics that includes the various types of clay elaboration from the cerealist culture, bell-shaped ceramics, squeeze mold, plates and lathe.



Xunqueira, Viveiro.
Tel.: (0034)982 562 589
ceramica@otoregala.com



Public opening hours:
Monday to Friday.
10:00 to 14:00 - 16:00 to 20:00
Book your visit.

Price:
Free Access.

Guided visit:
3€/p.

Initiation activity to ceramics (the pieces will be for the students):
10€/p. Minimum of 10 people group required for guided visits and activities.

**In summer season, established visiting hours*

The Alcalde Cerdeiras river walk, on the banks of the Landro River, passes close to the Valdeflores Convent and runs through A Panela, a bird reserve area (a space integrated into the Special Conservation Area – ZEC- Landro River); It ends in the recreational area of Portochoa. The route is 3.5 linear km.

In Chavín, just 3 km away from Regal Xunqueira, is located the natural monument called Souto da Retorta, a walk which is declared Natural Monument, and O Avó (The Grandpa), the largest tree in Spain and one of the biggest in Europe (included in the *Catálogo Galego de Árbores Senlleiras*). This is a linear and pleasant walk of 1'5 km. alongside the Landro River, passing among titanic specimen of Eucalyptus Globulus and the native forest which will guide you there, being part of the important industrial heritage created by José Barro, borned in Mondoñedo.

Viveiro is a medieval town, which was surrounded by walls. Three gates are kept nowadays: Carlos V, built in the 16th century, Porta do Valado and Porta da Vila (both of them from the 13th century). Viveiro's old part has the **Conceptionists Convent** and three churches: the church of this convent, **Santa María** and **San Francisco** -where we can visit the Permanent Exhibition of the steps of Holy Week in this city, declared of International Tourist Interest in 2013-, it's pedestrian, while maintaining its ancestral structure, squares and other monuments. Live a unique experience listening the dramatized audio guide "*Conversations in the fantasy world of Viveiro*" while you visit the historical center going through the city inner-history.

We also recommend you: 5 km away from Viveiro, the coastal track called Fuciño do Porco will surprise you: a walkway over the cliff of Punta Socastro, in O Vicedo (check booking conditions in tourist season on the web puntafucinodoporco.gal). About 20 km southwards, in Oroul you cannot miss the Fervenza do Río Xestosa, a beautiful waterfall flowing over the green mountainside like a rain curtain.



*Minimum time recommended for the visit.



Estaleiros Fra Route

In San Cibrao town center, municipality of Cervo, next to the Covo River mouth, is located Francisco Fra's traditional shipyard. After seven generations, he is the last one in A Mariña Lucense who perpetuates the artisanal shipwright.

Throughout the visit in his bicentennial workshop, you will witness the precision and experience required by ship construction. Blueprints, scale models, tools, the real-size set up of the ship, and other curiosities will be shown by Fra, who is also a perfect connoisseur of the regional naval history.



*Beiramar Street, San Cibrao, Cervo.
Tel.: (0034) 677 595 676
fransanciprian@hotmail.com*



*Public opening hours;
Book your visit.*

*Price:
3€/p.*

**In summer season, established visiting hours*

A few steps away from the shipyard, is the Museo Provincial do Mar (Sea Museum), the perfect complement and a mandatory stop after the visit to the Francisco Fra's carpentry. In the museum halls, you will see things related to navigation and marine life. It has a special area reminding the whaling past of the San Cibrao's port. Whales skeletal remains, tools used for hunting and other items are displayed there. Check visit conditions on the phone number.: (0034) 982 594 572.

7 kms away from San Cibrao, also in de municipality of Cervo, it is the Cerámica de Sargadelos factory, still working , where there is a *museum* where you can learn about this pottery history, from Isaac Díaz Pardo, 1950s, to nowadays. Check visit conditions on the phone number: (0034) 982 557 841. Less than 1 kilometer far from it, you will find the old factory of the Complejo Histórico-Artístico de Sargadelos. There, you will realize how everything started with Antonio Raimundo Ibáñez in 1791. We recommend you to visit the historical museum of Sargadelos, located in the Casa da Administración building. In the nearby area, following the Xunco River course, you can enjoy a pleasant walk, O Paseo dos Namorados, surrounded by the native forest to the dam and the artificial waterfall build in 1791. Opposite the beginning of the promenade, the old facilities of the Sargadelos factory currently house various crafts. We also recommend you: 11 km away from Cervo, in Xove, the linear Coastal Path starting in the Morás Port and follows the way of the Camiño Natural da Ruta do Cantábrico almost in parallel. Furthermore, the unique scenario outlined by the Dolos de Morás (concrete structures built in situ for the construction of the breakwaters of Alcoa's Pier), throughout the route you will enjoy the spectacular landscape formed by steep cliffs (like Acantilados de Papel), islands, capes and beaches. As for archeology, the San Tirso fort is a wonderful witness to the military past of this municipality.



**Minimum time recommended for the visit.*

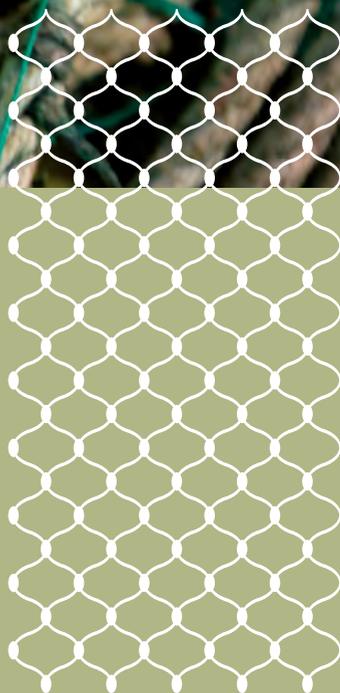


Redeiras Cabo Burela Route

The *Asociación Cabo Burela* keeps alive the traditional trade of “redeiras”. Historically, this collective of women have been repairing fishing gear, nets and creels.

Currently, the net mending remains as an important hallmark of A Mariña Lucense’s sea fare tradition; and its role is still essential for fishing. In the redeiras workshop you will see this artisanal craft, which the fishing sector depends on.

One of the most important economic activities of the territory. In the warehouse, there is also a small area where items and fishing boat’s equipment are shown.



*Nave de Redeiras. Porto de Burela.
Tel.: (0034) 630 757 910
caboburela@hotmail.com*



*Public opening hours:
Monday to Friday.*

Book your visit.

*Price:
5€/p.*

**In summer season, established visiting hours*

The Barco-Museo Reina del Carmen (Reina del Carmen Museum Ship), docked at the Burela Harbour, witness to the past of the Bonito fishing in one of the most important fishing ports in Spain. Check on visit conditions on the phone: (0034) 982 586 000 and go into the boat insides, learn everything about the traditional fishing and the boat parts.



On A Marosa beach, 3 km northwest from the **Burela** Port, is where the Ruta do Litoral Burelés starts, marked as a Blue Trail (Sendero Azul). Throughout the route you will see beaches and coves, the Iron Age settlement named Chao do Castro (origin place of the iconic Torques de Burela) and you will observe the best-preserved set of geological folds in Galicia, in O Perdouro area. This is the beginning of the Rasa Cantábrica, the characteristic geological formation in the north coast of Spain.

We also recommend you: The Ruta dos Pozos, 18 km away from Burela, in O Valadouro. This route will make you enjoy walking a trail surrounded by small river natural pools. You will pass by the Pozo das Moscas and, at the end of the hike, you will reach the beautiful waterfall of Pozo da Onza. O Valadouro is one of the municipalities of A Mariña Lucense on the Serra do Xistral territory, a place full of magic which hosts an exceptional biodiversity, really important for the European continent. Wild horses, wolves, vultures and carnivorous plants among many other species of fauna and flora coexist in this area. The Prado das Chantas, also in O Valadouro, of which some 250 nailed stones are preserved, bears witness to the megalithic past of this region.



*Minimum time recommended for the visit.





Espazo Caritel Route

Ceramics, art and nature converge on the Daniel Caxigueiro's ceramics workshop in San Martiño de Mondoñedo, Foz.

In Espazo Caritel you will meet the artist output displayed in modern exhibition halls. His artwork emphasizes the use of textures and dimensions resulting into suggestive creations.

During the visit, the craftsman personally shows both his own Works and his creative processes to make it.



*O Caritel, 6. San Martiño de Mondoñedo, Foz.
Tel.: (0034) 982 132 694
espazocaritel@gmail.com*

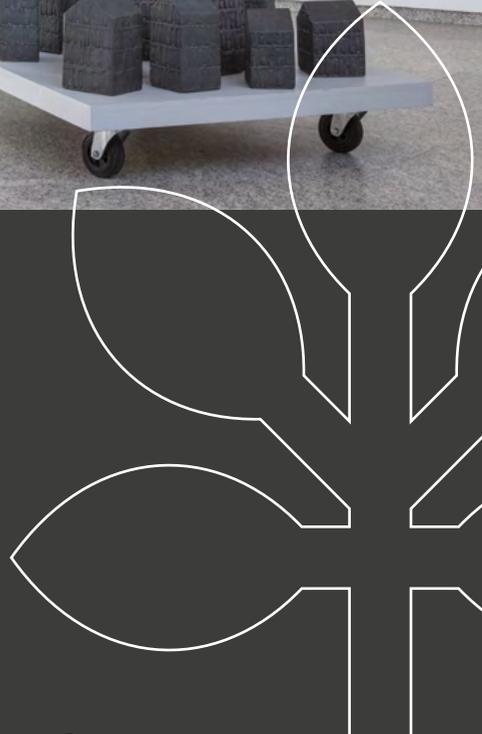


*Public opening hours;
Book your visit.*

*Price:
5€/p.*

2€/p for groups from 10 p.

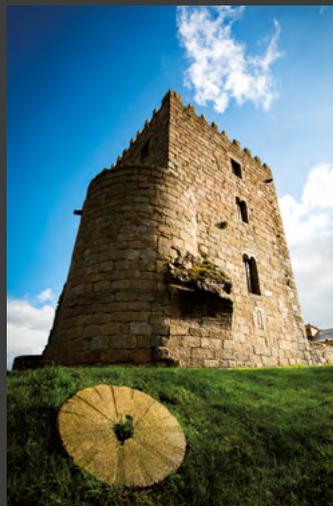
**In summer season, established visiting hours*



The Basilica de San Martiño de Mondoñedo is located just 200 meters from Espazo Caritel. It is a perfect example of the Romanesque architecture and art in A Mariña Lucense. It is considered the most ancient cathedral that remains standing in Spain. The basilica was built in the 9th century; coinciding with the Bretons arrival in Galicia. In its interpretation center, you will be able to find out more about the past of this B.I.C. (Bien de Interés Cultural). You can arrange a guide tour by calling to the interpretation center office: (0034) 982 132 607 to discover this Romanesque jewel.

If you want to feel yourself like one more among sailors and locals in the seaport of Foz and follow the coastline along the Ruta das Praias.

We also recommend you: 21 km away from Foz and 29 km away from Barreiros it is **Alfoz**. There we can visit the Castelo de Castrodouro, a 15th century fortress. Perfect to see a medieval building which belonged to Mariscal Pardo de Cela, key figure of the Revolta Irmandiña and protagonist of the fictionalized audio guide *“The Marshal: myth, legends and news about the last medieval warrior”*, who travels to the past through the history of this castle. In addition, in the nearby area, and closely related to the Mariscal, the Pico da Frouseira is known as one of the most important battle scenario during the revolt. Nowadays it is an excelent natural viewpoint.



● ● ● ● ●
Espazo Caritel. 2h. Basílica de San Martiño. 1h. Ruta das Praias. 2h. Castelo de Castrodouro. 1h. Pico da Frouseira. 1h.

*Minimum time recommended for the visit.



Raíces Nómadas Route

In Ribadeo, at the FEVE Station, we find the Raíces Nómadas Atelier, where Ezequiel Franchi handcrafts fine leather goods. There he creates his pieces 100% by hand, choosing the best materials.

It also fuses techniques such as *macramé* and *Creole rope*, inherited from the Argentine culture from which it comes.

Inside the workshop you can see the tools, raw materials and techniques of the trade, order personalized pieces or purchase an item.



Estación de Feve, 7. Ribadeo.
Tel.: (0034) 673 771 367
raicesnomadasart@gmail.com



Price:
3,50€/p.

Groups from 10p.:
25€/group

**In summer season, established visiting hours*

Visit Ribadeo's historic town, dotted with the eclectic colonial houses built up by the Indianos (emigrants), with the dramatized audio-guide "**Ribadeo beyond time**". From the city centre, you can access to a road that runs along the coast and that will take you to such emblematic places as O Cargadoiro, the San Damián Fort or the Illa Pancha Lighthouse and to Porto de Rinlo.

In addition, 6 km northwards from Rinlo -or 10 km from the center of Ribadeo if you prefer to go directly by motorway- is one of the main attractions of A Mariña Lucense, the Natural Monument Praia das Catedrais (at high season it is necessary to book an appointment, with a guided or free visit, both for free, on the following web ascatedrais.xunta.gal).

We also recommend you: If you prefer to go deep into an Atlantic forest, we recommend that you visit the neighboring town **Barreiros** (19 km far from Ribadeo) where you can walk the route called **Santo Estevo do Ermo**, It runs alongside the Santo Estevo stream through a forest of chestnut, oak and birch trees, passing by the beautiful waterfall that gives the route its name.

Another interesting resource, and not at all crowded, is the Ruta de A Lagoa de Pallares, a circular route of 5.5 km and low.



*Minimum time recommended for the visit.



Mondoñedo's Crafts Route

The *Barrio de Os Muíños*, in Mondoñedo, is an artisan neighborhood by tradition. The potter's workshops *Os Artesáns do Pasatempo*, with Marcelo and Maica, and *O Alfar de Mondoñedo As Formas da Terra*, with Sandra and Nuria, mold the clay to obtain both modern and traditional objects which they decorate by hand. Visit their workshop to learn about the importance of pottery in Mondoñedo. They will also show you the skills needed for the pottery crafting.

Fernando Vilariño is a stoneman who sculpts, in a traditional way, granite, marble and slate to get pieces of all kinds. In his workshop you can see purely decorative creations, other useful in daily life and those that combine design and practicality, one of the main premises on Vilariño's work.

Across the street, *Ton Arenas*, set designer and puppeteer, also makes and manages puppets and stages/settings. He produces shows and art objects. A very pleasant surprise for all audiences in this artisan neighbourhood in Mondoñedo.

Near the cathedral, Verónica Page works sheep and alpaca wool at La Botica del Abuelo. It is a place where they promote knowledge and recovery of manual spinning and weaving techniques; a collaborative fair trade with respect for nature, organic clothing and nutrition from aromatic herbs and spices.

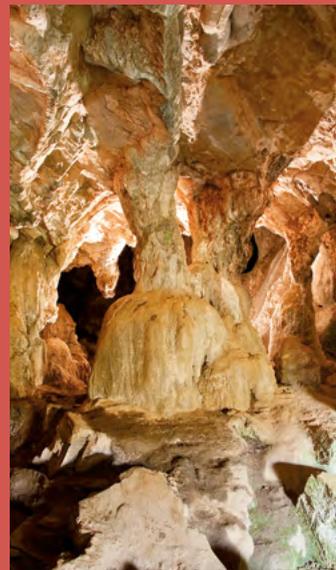
- 📍 **O Alfar de Mondoñedo**
 Muíños de Abaixo, 31. Mondoñedo.
 Tel.: (0034) 678 934 025
info@asformasdaterra.com
- 📍 **Esquina Atlántica e Os Artesáns do Pasatempo**
 Muíños de Arriba, 28. Mondoñedo.
 Tel.: (0034) 605 607 425
esquinaatlantica@gmail.com
- 📍 **O Canteiro**
 Bispo Fernández de Castro Street.
 Barrio dos Muíños. Mondoñedo.
 Tel.: (0034) 678 990 683
punteiradasviladepedra@gmail.com
- 📍 **Mircromina Títeres**
 Bispo Fernández de Castro Street, 3.
 Barrio dos Muíños. Mondoñedo
 Tel.: (0034) 617 353 140
tonarenas@gmail.com
- 📍 **La Botica del Abuelo**
 Centro Comercial Peña de Francia.
 Mondoñedo.
 Tel.: (0034) 634 090 597
bosquedeminiones@gmail.com
- 🕒 **Public opening hours;**
 Book your visit.
 Price:
 Free Access.
Guided visit:
 3€/p.
 Check on availability and prices of participatory workshops.

**In summer season, established visiting hours*

In Os Muiños neighborhood you can also visit, in the old slaughterhouse, which later became a music school and today it is a craft workshop, **Estudio Estampa**. The Mondoñedo's old town, declared Conjunto Histórico-Artístico, is located just a few meters away from Os Muiños neighborhood. The Mondoñedo's cathedral is raised at the epicenter of the old town, declared Monumento Histórico-Artístico (listed building) XIII Century, it was declared National Monumen in 1902 and World Heritage Site in 2015 by UNESCO. It is the oldest and the most important building in the city. Walk the Mondoñedo's streets with the dramatized audio-guide "**Mondoñedo and Family**".



The Cova do Rei Cintolo is 7 km in south direction from Mondoñedo. With more than 6 km of length, it is the largest visitable cave in Galicia. There are guide visits to watch its rocks formations (stalagmites, stalactites, columns, mudflows and even a small lake). Make your appointment calling to the Mondoñedo tourist office: (0034) 982 507 177.



We also recommend you: Meet Lourenzá, just 9 km away from Mondoñedo, with the dramatized audio-guide "**Vilanova de Lourenzá. Landscapes of memory**", in which Fernández del Riego reveals a happy childhood. Remember to visit the **Monasterio de San Salvador**, a Galician Baroque reference point. In this temple there are an impressive 17th century baroque reliquary, the Museo de Arte Sacro and the Centro de Interpretación da Faba de Lourenzá. The Fortaleza de Tovar, close to the monastery, is a spectacular medieval building constructed in the 16th century on top of an ancient defense tower.



Os Muiños artisan neighborhood. 3h.

Mondoñedo City Centre. 2h.

Cova do Rei Cintolo. 3h.

Mosteiro San Salvador. 1h.
Fortaleza de Tovar. 1h.

*Minimum time recommended for the visit.



Ferreiros de A Pontenova & Riotorto Route

Rodil in A Pontenova and JOMACA or MAF in Riotorto, reshape the hard steel like their ancestors. Using the coal-fired forges, anvils, mallets and hammers; the blacksmiths craft cutting tools such as knives and sickles.

Inside each workshop we could see the tools of the trade, mostly made by themselves, and buy some of the artisan objects. Smithery and iron mining are strictly connected with these two nearby towns. Rodil, JOMACA and MAF are some of the last artisans who keep this trade active nowadays; in the past, way of life for the most part of the population in this area.

- ◉ **Navallas J.Rodil**
Muruais, 5, A Pontenova.
Tel.: (0034) 648 115 385
jrodilartesaniam@gmail.com
- ◉ **MAF**
Hermida, 20. Riotorto.
Tel.: (0034) 982 346 219
mafartesaniam@gmail.com
- ◉ **JOMACA**
Hermida, 25. Riotorto.
Tel.: (0034) 696 812 704
jomaca_cuchillos@hotmail.com

- 🕒 **Public opening hours;**
Book your visit.

Price:

6€/p./artisan

25€ per group

(groups of 5-10 people)

In A Pontenova town are the Vilaoudriz furnaces, built up at the end of the 19th century, to calcine iron mineral extracted from the surrounding mines. The furnaces are the main town symbol. In the old train station building are the tourism office and the Aula de Interpretación da Pesca. In Vilaoudriz it is started the **Ferrocarril del Río Eo Route**, a 12 km route that follows the formerly train railway path; during the first half of the 20th century the train transported iron to Ribadeo, in order to be loaded on ships in **O Cargadoiro**, all this on **Reserva de la Biosfera Río Eo-Oscos e Terras de Burón**. Through all the different **hiking trails** you also pass through the **Forno de Boulloso** or Consuelo Mine, with guided tours inside and the possibility of reserving a jump on the Tirolina das Minas Zipline, a company that also offers guided tours around this environment.

In Riotorto, 8 km away from A Pontenova, very close to the MAF and JOMACA workshops, it is located the Mazo de Ferreiravella, from 1742. It has been renovated and nowadays it is part of a Recreational Area and Ethnographic Complex which can be visited by appointment on the phone number: (0034) 982 346 222.

We also recommend you: 15 km away from A Pontenova, in Trabada, you can enjoy a route in a lush forest, made up of native trees, through the Fraga de Becerreira. Nearby is the José Rocha Ethnographic Museum, a collection of objects, tools and trades from other times.



*Minimum time recommended for the visit.



A Mariña Lucense's Cuisine



Another of the great attractions of this destination, it is its delicious and varied gastronomy, which is superbly paired with these Handicrafts Routes. A Mariña Lucense's gastronomy shows a wide range of quality products. Always keeping the traditional cooking, diners can also taste innovate dishes at most of the *restaurants*. We recommend you to listen to the artisans and local people advice in order to buy or eat the typical groceries.

The vegetable gardens of A Mariña Lucense, especially the well-known Horta de Mondoñedo, supply vegetables, fruits and legumes weekly to the farmer's markets and small local shops from different locations. The most remarkable legume is the Faba de Lourenzá, it has a special flavor and texture and it is protected by the I.X.P. (protected geographical indication) with the same name and nowadays it is in 15 municipalities of A Mariña.

Fresh fish and seafood of the highest quality arrive daily at the fish markets of the coastal municipalities. A good example of this is the Merluza do Pincho de Celeiro and the Bonito do Norte de Burela.

Both fleets practice an ecological and economically sustainable fishing. Unlike the merluza (hake), which can be consumed throughout the year, the bonito reaches its best quality during the summer season. Other fishes

such as seabass, sargo, sardine, mackerel, jack mackerel, anchovy; and seafood such as velvet swincrab, goose barnacle, spider crab, brown crab, sea urchin and different bivalves species arrive every day, in addition to the previously mentioned ports, also to the O Vicedo, Foz, San Cibrao, Rinlo or Ribadeo ones.

Beef with the I.X.P. Ternera Gallega is produced by farmers in the area who rears the cattle freely on the green pastures of A Mariña Lucense. It also highlights the porcine cattle, concretely the Porco Celta breed.

The importance of the good flour on this land, cannot be left aside. People say that a good meal should always go with good bread. In A Mariña Lucense, many bakeries still make traditional bread using in some cases grain cultivated on the territory. Other typical meals prepared with high quality flours include: the empanadas in their different varieties (the traditional one, made with wheat flour; the millo one, made with cornmeal; and the pastelón, made out of puff pastry), the Enfariñada from Trabada and the Faragullos from A Pontenova make a show of the richness and variety of this very typical product in Galicia.

As regards confectionery, it can be said that the almond is the queen, such as it is in the classic Tarta de Mondoñedo, the Colineta from Viveiro or from O Valadouro or the Tarta de Riotorto. There is also space in this section for artisanal chocolates and the typical seasonal sweets made during Carnival or Easter. Honey deserves special mention, which is collected in a traditional way, and it has its own Museum in O Valadouro (guided tours/visits by appointment on the phone number: (0034) 626 162 791.

Honey is still collected by the traditional method in A Mariña Lucense, this foodstuff acquires unique nuances in O Xistral area. Learn more about the uncountable benefits of the honey in the Museo do Mel de Valadouro.

Currently, in A Mariña Lucense, some breweries are using local ingredients in their beers too, such as honey from the Serra do Xistral or even sea water. Their originality produces surprising blends.



A Mariña Lucense´s Artisans List



Blacksmiths

- ◉ **Navallas J. Rodil**
Muruais, 5. A Pontenova.
Tel.: (0034)648 115 385
jrodilartesaniam@gmail.com
- ◉ **JOMACA**
Ermida, 25. Riotorto.
Tel.: (0034) 982 346 144
jomaca_cuchillos@hotmail.com
- ◉ **M.A.F. Artesanía**
Ermida, 20. Riotorto.
Tel.: (0034) 982 346 219
mafartesaniam@gmail.com
- ◉ **Manuel Pol Veiga**
Ribadiña, 3, Ferreiravella. Riotorto.
Tel.: (0034) 982 346 435
miguelpolfernandez@yahoo.es



Boat Building Carpentry

- ◉ **Astilleros Fra (chantiers navals)**
Beiramar, San Cibrao. Cervo.
Tel.: (0034) 982 593 024
fransanciprian@hotmail.com



Carpentry | Cabinetmaking | Restoration

- ◉ **Carpintería César**
Recende. A Pontenova.
Tel.: (0034) 982 346 061 (0034)
cesarcarpinteriam@gmail.com
- ◉ **Carpintería de Alejandro**
Estrada xeral, s/n. A Pontenova
Tel.: 982 342 601
fmarber63@gmail.com
- ◉ **Carpintería Fernández**
Valiño, 23. Mondoñedo.
Tel.: (0034) 619 271 490
josevigo@telefonica.net
- ◉ **Carpintería Restauración Juan Carlos**
Carroceira, 17. Mondoñedo.
Tel.: (0034) 606 865 449 (0034)
carpinteriajcrivasm@yahoo.es
- ◉ **María Esther García Fernández**
Travesía da Mariña, 22. Lourenzá.
Tel.: 659 120 505
esther.laherencia@hotmail.es
- ◉ **Regina Antigüedades**
Praza da Catedral. Mondoñedo.
Tel.: (0034) 650 422 866
reginaantiguedades@yahoo.es



Ceramics

- ◉ **Cerámica Eu Son**
Eijo Garay, 20. Burela.
Tel.: (0034) 982 581 112
fundacion@fundacioneuon.es
- ◉ **Daniel Río Rubal**
Caritel, Foz.
Tel.: (0034) 982 132 694
caxigueiro@gmail.com
- ◉ **Esquina Atlántica e Os Artesáns do Pasatempo**
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Tel.: (0034) 605 607 425
esquinaatlantica@gmail.com
- ◉ **Lucía Fernández Catuxo**
Vilafernando. Trabada.
Tel.: (0034) 669 446 352
luciacatuxo@casadocura.es
- ◉ **María Jesús López Lage**
Álvaro Cunqueiro, 15. Foz.
Tel.: (0034) 657 605 618
artechuslage@hotmail.com
- ◉ **Regal cerámica Artesán**
Xunqueira, Viveiro.
Tel.: (0034) 982 562 589
ceramica@otero regal.com
- ◉ **O Alfar de Mondoñedo**
Muíños de Abaixo, 31. Mondoñedo.
Tel.: (0034) 678 934 025
info@asformasdaterra.com



Crochet



Puntada de Hada

Avda. Da Mariña, 26. Foz.
Tel.: (0034) 608 555 030
puntadadehada@gmail.com  



La Botica del Abuelo

C.C. Peña de Francia. Mondoñedo.
Tel.: (0034) 634 090 597
bosquedeminiones@gmail.com  



Sanaartesana

Piñeiro, 4. San Xurxo. Lourenzá.
Tel.: (0034) 664 812 654
mujerpaz@yahoo.es 



Dressmakers



Reme Espantoso

Avenida Do Vicedo, 9, 4D. Foz.
Tel.: (0034) 666 205 595
remeespantoso@gmail.com  



Fishing Gear



Miguel Ángel Fernández

O Formigueiro. Mondoñedo.
Tel.: (0034) 619 271 490
josevigo@telefonica.net 



Asociación de Redeiras Cabo Burela

Nave de Redeiras, Porto de Burela.
Tel.: (0034) 630 757 910
caboburela@hotmail.com  



Jewellery



Abella Taller de Joyería

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Further information.

On the webpage you will find detailed data about the Handicraft Routes, A Mariña Lucense's artisans, the highlighted spots, hiking routes, typical cuisine and additional information. Live an authentic experience with the Handicraft Routes of A Mariña Lucense.

Notes:

